

»» Freshman Friday ««

A Fresh Start

New
Semester

Time
Management
+
Organization

Agenda

How To
Get Help

Important
Links



Week of **February 1-5**: All students at home on Webex every day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st Hour 7:29 – 8:25	1st Hour 7:29 – 8:25	Speed Schedule 1 7:29-7:59 2 8:01-8:31 3 8:33-9:03 4 9:05-9:35 5 9:37-10:07 6 10:09-10:39	1st Hour 7:29 – 8:25	1st Hour 7:29 – 8:25
2nd Hour 8:30 – 9:26	2nd Hour 8:30 – 9:26		2nd Hour 8:30 – 9:26	2nd Hour 8:30 – 9:26
3rd Hour 9:31 – 10:27	3rd Hour 9:31 – 10:27		3rd Hour 9:31 – 10:27	3rd Hour 9:31 – 10:27
LUNCH 10:32 – 11:02	LUNCH 10:32 – 11:02		LUNCH 10:32 – 11:02	LUNCH 10:32 – 11:02
4th Hour 11:07 – 12:07	4th Hour 11:07 – 12:07	Independent work time at home	4th Hour 11:07 – 12:07	4th Hour 11:07 – 12:07
5th Hour 12:12 – 1:08	5th Hour 12:12 – 1:08		5th Hour 12:12 – 1:08	5th Hour 12:12 – 1:08
6th Hour 1:13 – 2:09	6th Hour 1:13 – 2:09		6th Hour 1:13 – 2:09	6th Hour 1:13 – 2:09

New Semester

*Whether you had
an amazing first
semester or a
difficult one, this
is your chance to
start new*

*Reflect on
the previous
semester*



Where Should You Begin?



*Keep track of due
dates for: tests,
quizzes, homework
assignments*



*Find a quick way
to access your
schoolwork*

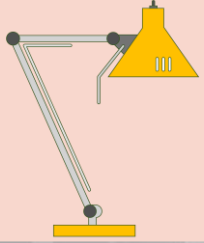


*Establish a
routine*



*Prioritize and
balance
schoolwork and
homelife*

Environment



Create a study space or a specific place to attend classes and/or complete your classwork



Remove or limit distractions



*Wear
headphones*



Work on one task at a time so your space stays organized

Prioritize Assignments



Plan weekly

~ Get a planner and keep it updated ~



What is due and when is it due?

~ Rank them in order of due dates ~

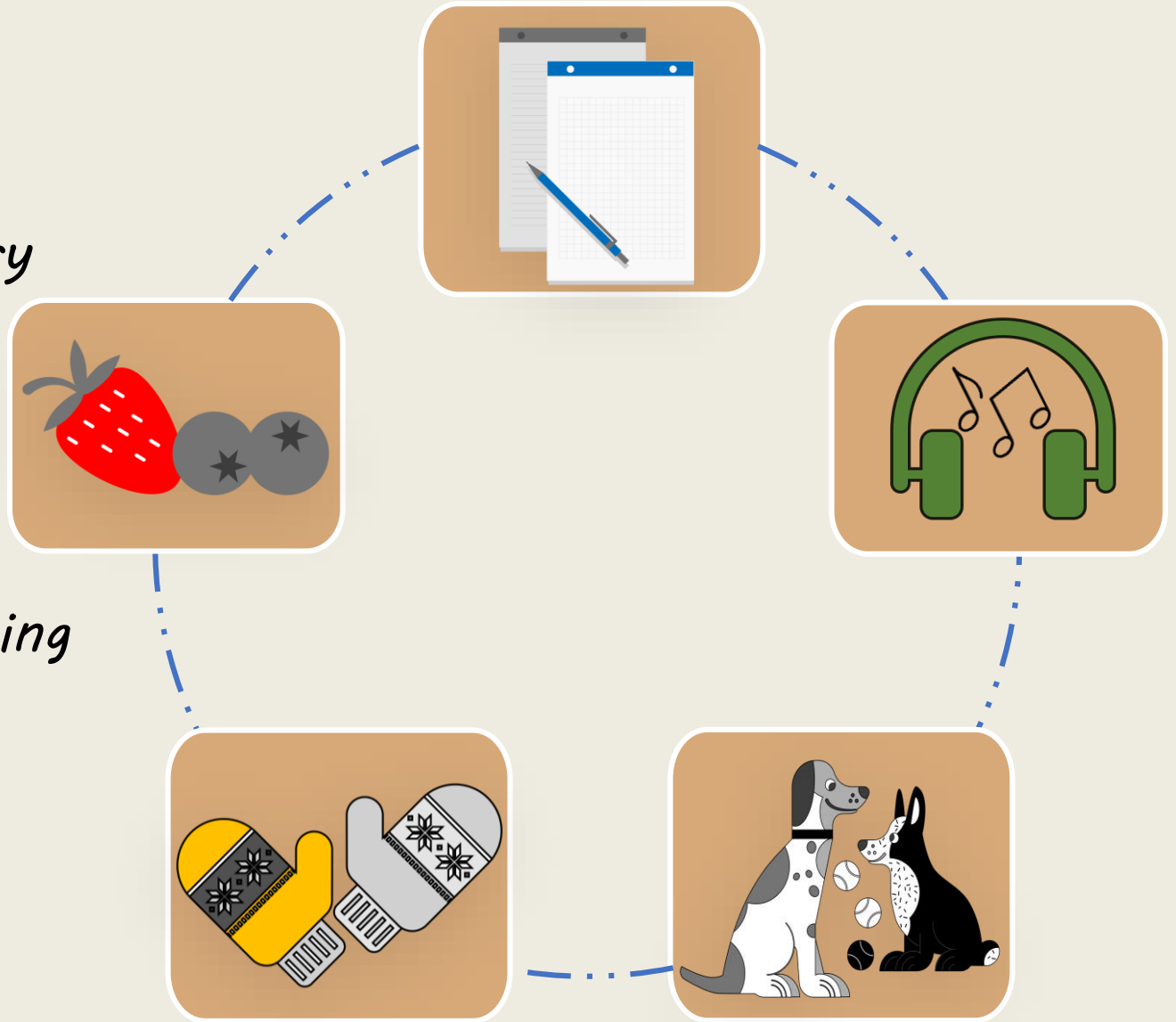


Decide what must be worked on first

~ What assignment will require more time and effort? ~

Routines

- Plan your day in advance and try to keep it consistent
- Set your own deadlines for assignments
- Set rules for yourself
- Establish a system similar to being in the school building
 - Wake-up time
 - Class
 - Study time
 - Breaks



Your school
email

Schoology

VS.

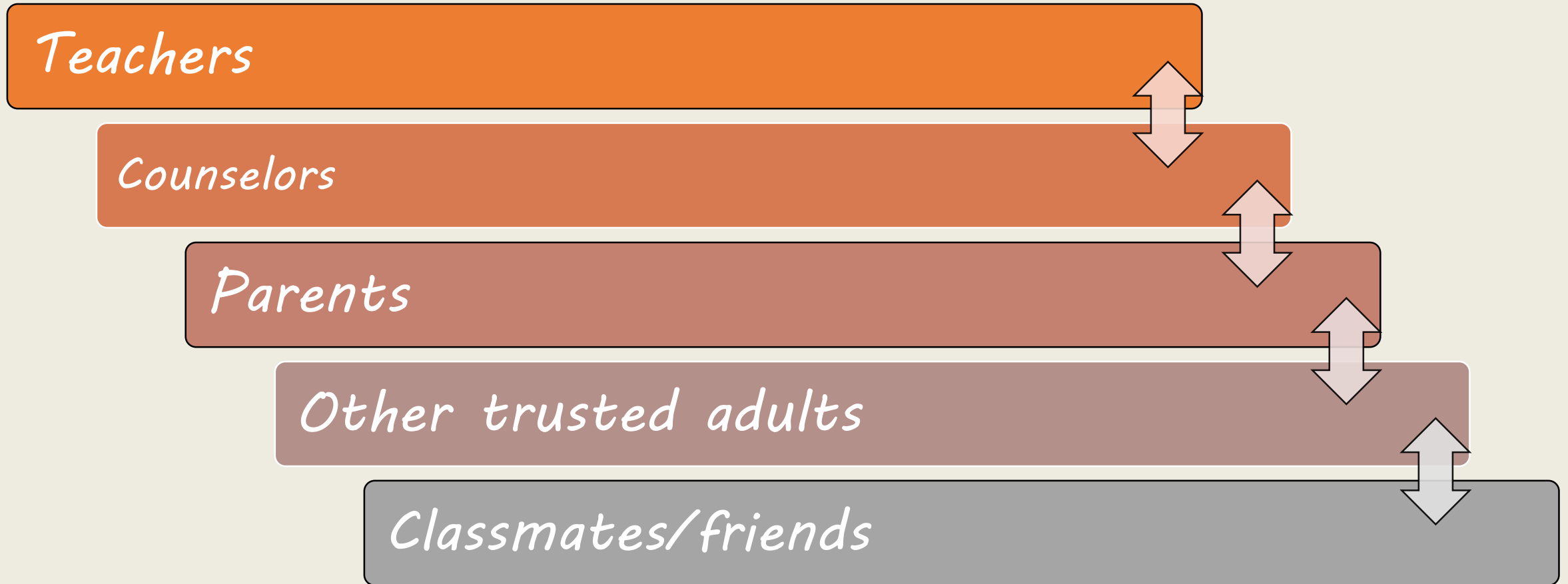
PowerSchool



- *What is due NOW*
- *Work for the week is found here*
- *Assignments are submitted here*
- *WebEx links and communication with teachers can be done here*

- *What has happened and what has been graded*
 - *Official grades*
- *See assignments that are missing*
- *If you click on your teacher's name, you can email them directly*

Help and Support



<http://wmhscounseling.weebly.com>

Mondays -- 10:30 to 11:15 AM with Mr. Kolpak

<https://wcskids.webex.com/meet/kolpak>

Tuesdays -- 10:30 to 11:15 AM with Mrs. Pritula

<https://wcskids.webex.com/meet/jpritula>

Wednesdays -- by appointment only

[Click here to contact your counselor](#)

Thursdays -- 10:30 to 11:15 AM with Mr. Lanni

<https://wcskids.webex.com/meet/jlanni>

Fridays -- 10:30 to 11:15 AM with Mrs. West

<https://wcskids.webex.com/meet/awest>



QUESTIONS?

