

# School-Based Health Centers

The SJP School-Based Health Centers are an initiative of St. John Community Health, committed to improving the quality of life for the communities we serve. Our mission is to provide comprehensive health care and health education for our students and to promote the healthy future of our communities by addressing the developmental, physical and emotional needs of our children. Healthier children; fewer missed school days. More young people better equipped to settle disagreements peacefully. These are some of the goals of St. John Providence (SJP) School-Based Health Centers. By providing easier access to health care, we are helping to ensure the improved health, well-being and success of our youth. Our programs nurture body, mind and spirit through traditional physical care as well as mental, emotional and spiritual support.

## Medical Services

The Health Centers offer various medical and mental health services, which are tailored for each site. Medical services provided for the students, school staff and community include:

- General health assessments & Care
- Immunizations
- Gynecological exams
- Laboratory and diagnostic testing
- Dental, vision and hearing screening
- Sports physicals
- Pregnancy testing
- Sexually transmitted disease testing, treatment and counseling
- Nutritional counseling
- Specialist referrals

*"If you want your name remembered, write it across the heart of a child" -Unknown*

## Counseling Services

- Individual and group counseling
- Family counseling
- Substance abuse
- Behavioral modification

*For more information please call,  
SJP Community Health  
School-Based Health Centers  
248-849-5692, or visit*

*[www.stjohnprovidence.org/communityhealth](http://www.stjohnprovidence.org/communityhealth)*

## Program Services

The Health Centers offer a myriad of programs and services. The programs offered are developed based on a survey administered to students and parents of the targeted school population. The survey assesses the needs of the students and parents, which are unique to each school population. Based on the survey, the Health Centers currently offers the following programs and services:

- **Making a Difference** HIV/AIDS Prevention and Abstinence education
- **Safe Dates** a dating and relationship/domestic violence prevention program.
- **Life Skills** Interpersonal skill development, including coping and decision-making
- **BABES** Beginning Awareness Basic Education Studies, substance abuse prevention
- **Red Flags** Depression Awareness & Identification and Suicide Prevention
- **Deep Breath** Asthma management/education and asthma camp
- **Diabetes Education & Management**
- **KidMILES** Nutrition and exercise programs & Free Press Marathon
- **WHYTRY** Violence, drug & alcohol, and drop-out prevention education

## Additional Services

The Health Center offers, thru its partnerships:

- Vision Exams
- Glasses
- Dental Exams
- Cleanings
- Restorative Care (extractions, fillings)